# The Single May 2018 MAY 2018

GLENSHIRE DEVONSHIRE RESIDENTS ASSOCIATION MAGAZINE



# MAY 2018







04

10

14

# FEATURES

#### O4 SPRING PROGRAMS A PARTNERSHIP WITH OUR CUSTOMERS

Spring is around the corner - here's some Liberty Utilities' programs that are especially relevant during this time.

# 10 UNDERSTANDING DARK SKY LIGHTING Studies show that bright lights do not increase safety, ironically,

# 14 SAGAN FONDO BIKE RACE As this race travels through Glenshire/Devonshire, we ask that residents exercise patience and foresight when driving in the area of this event.

too much light can threaten security.

# THREE FEET FOR SAFETY ACT California Vehicle Code 21760 requires three feet clearance between bicyclists and passing vehicles.

# DEPARTMENTS

- 03 NOTE FROM YOUR BOARD PRESIDENT Attend meetings, sign up for email updates, visit our website/facebook page
- 05 NOTE FROM YOUR GENERAL MANAGER Glenshire Devonshire the best community to live in
- 06 SIMPLY GREEN Town of Truckee new yard waste & recycling services | Hazards of glitter
- **08** GDRA Board of Directors election in September | Board of Director's job description
- **13** CREATURE FEATURE The poop fairy doesn't exist
- 15 TRUCKEE POLICE & FIRE DEPARTMENT Defensible space
- **16** BULLETIN BOARD Announcements, messages, notifications
- 19 PERSPECTIVES Spotlight on aquatics, cancer, & lymphedema



# NOTE FROM YOUR BOARD PRESIDENT



So many times, people move into a Planned Unit Development (PUD) without knowing what they're getting into.
They understand there are dues to pay yearly (as is the case in the Glenshire/ Devonshire development), but little more. When we first purchase a home, we are handed a copy of the CC&Rs (Covenants, Conditions, and Restrictions). Do we read them front to back? Hardly. We may skim through them and pick up on a couple of items, but read them thoroughly? I know I didn't. Rather, we learn the rules by events that take place—usually by someone complaining.

Though some may disagree, I believe our association is much more resident-friendly than others. I can remember driving through Glenshire with my family 20 years ago when considering where to live in Truckee and the standards were much lower. So much so, we decided to move to Tahoe Donner. The changes that Glenshire has made to be more visually pleasing has improved our development as a whole; and my family has enjoyed living here the past fourteen years.

Those changes took persistence and dedication from previous boards and

the staff. The current board has many decisions to make this year from enforcing what can and can't be left in a yard to one of the most controversial and emotional items this board has faced since the construction of the pool. That is, the issue of short term rentals and how each of us is potentially affected by the decision.

I hope you can find the time to get involved in the decision process of all items that come from the Board of Directors. We are influenced by you and want to hear your opinion. If you want it to be heard, attend meetings, sign up for email updates from the General Manager and visit the web site or our other social media venues.

Sincerely, Your GDRA Board President

Jamie Brimer



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#### **BOARD MEMBERS**

Jamie Brimer, President Peter Tucker, Vice President Pam Stock, Treasurer Devin Bradley, Secretary Marty Frantz, Member at Large

#### **DESIGN REVIEW COMMITTEE**

Ron Boehm Brian McEneaney

#### **GDRA STAFF**

Dan Warren, General Manager Lori Kelley, Administrative Assistant Kelli Anderson, Part-time Office Assistant

#### **CLUBHOUSE OFFICE** 15726 Glenshire Drive

Truckee, CA 96161
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Office Hours generally from
8am-5pm Monday - Friday
Please call ahead in case we are out meeting
with someone from the neighborhood.

#### **CONTACT US**

Main Office: 530.587.6202 email: glenshire1@sbcglobal.net www.glenshiredevonshire.com

### BOARD OF DIRECTORS MEETING SCHEDULE

6pm at the Glenshire Clubhouse 15726 Glenshire Drive

> June 13, 2018 July 11, 2018 August 8, 2018

May 9, 2018

September 3, 2018

### DESIGN REVIEW COMMITTEE MEETINGS

Design Review Committee (DRC) meets the 2nd and 4th Tuesdays of the month at 7am. DRC meetings will be canceled if no items are on the agenda 10 days in advance of the meeting.



# SPRING PROGRAMS A PARTNERSHIP WITH OUR CUSTOMERS

While the historical Miracle March lived up to its name and gave our region some much needed snow, the days are getting warmer and staying lighter longer which means one thing—Spring is around the corner. Here's some Liberty Utilities' programs that are especially relevant during this time.

Scholarships Available. Do you have a student or know someone who is graduating from high school this year who could use some college money? For the sixth consecutive year, Liberty Utilities will be providing scholarships to deserving seniors at each of the seven high schools in our service territory. Each \$500 scholarship is awarded based on Liberty's criteria with each school processing applications and selecting the winner. Personally presenting each senior with a check and certificate at their school's award banquet is always the highlight for us. Any interested student should check with their school's counselor for information and an application.

**Saving Energy and Money.** While most energy use is during the winter months, our customers always tell us they want to know about ways to reduce their carbon footprint and reduce their bills at the same time. Here's some ways you can do that.

**Energy Efficiency Program.** This existing program for both residential and commercial customers provides free energy audits with accompanying free LED bulbs. If you're doing Spring cleaning and need to replace an old refrigerator/freezer, we'll give you a \$35 rebate to do so and recycle it for free!

**Time-of-Use Rates.** Customers who are willing to use less electricity during periods when total energy demand is highest (the peak), can save money by shifting their usage to times with lower rates. Liberty offers TOU rates to both residential (D-1) and small commercial (A-1) customers.

**TOU – Electric Vehicles.** Do you or your small business own an electric vehicle and have an EV charging station at your home or business? If so and you can charge your electric vehicle during offpeak hours, you may benefit from our TOU-EV rates.

Solar Initiative Program (SIP). While Liberty has had net-metering rates available to customers who have had renewable generating systems on their premises, we began offering incentives to customers wishing to install solar panels and go on the net metering rate when the California Public Utilities Commission (CPUC) approved the program last year. Customers have taken advantage of this program and nearly two-thirds of the approved incentive allocation has been used. If you're interested, better sign up soon!

For more information about these money-saving opportunities, please visit our website and click on the "Save Energy & Money" link at the top. You can also view the specific rates schedules by going to the "Rates" link at the top of the homepage.



Travis Johnson is Liberty Utilities' VP of Electric Operations.
He has nearly 25 years experience in the utility industry and is passionate about our environment and renewable energy.

# Is understanding your monthly power bill a mystery?

Let Liberty Utilities help you solve it!
Visit libertyutilities.com and click on "My Account".
Scroll down to "Understanding My Bill" where you'll find clues to solve the mystery and take control of



# NOTE FROM YOUR GENERAL MANAGER



As this photo indicates, people are heading to Glenshire Devonshire because it exemplifies the best community to live in the greater Truckee region (my opinion). The GDRA board of Directors has just finished a special meeting to review

the GDRA Strategic Plan to see what they have accomplished and if they are heading down the right path. Items like, "community", "Single Family Residential use", "safety", "connected" and "quality" were bounced about as the board is looked to see if course changes were needed. The Glenshire Devonshire Short Term Vacation Rental is getting closer to submitting recommendations to the Board of Directors so keep your eyes open for scheduled date if you have any comments to pass along to the board. At this time the GDRA Board of Directors is considering a committee to look into the current By-Laws and CC&R's to see if there are areas that might need modification to fit our current times and the vision moving forward. If you are interested in serving on this committee please

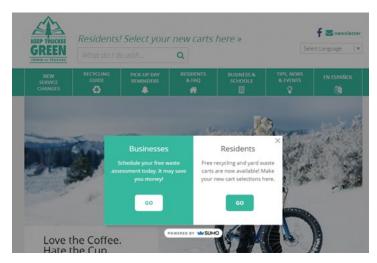
let us know as the board is looking for a wide range of residents who make up Glenshire Devonshire to serve on the Committee.

Of important note is that on June 3rd there will be Wild Fire Safety / Defensible space forum at the GDRA Clubhouse. After last year's devastating fires in California the time to act defensively is here. The forum will have representatives from several fire agencies, insurance carrier information, defensible space contractors, Yard waste disposal programs and others to help you prepare and defend your property. Starting in July GDRA will implement a very strict Defensible Space Policy (see page 15 of the March 2018 Shire) and fines will be imposed on those who have not brought their property into compliance. GDRA doesn't want to drop the proverbial hammer but there is too much to lose to not act. Our hope is that this everyone steps up to the plate and maintains their property on their own accord without the need for the Association to remind them. In the whole definition of community is that you are not alone and we have to look out for each other. If you do not bring your property into defensible space compliance and a fire spreads from your property to another, you can be legally responsible. It is time to do the right think, clean up your property and keep Glenshire safe.





# SIMPLY GREEN



### Town of Truckee Offering New Opt In Yard Waste And Recycling Services

Every plastic bag you use will stay in the environment for over 100 years. The new waste and recycling programs will meet the needs of the Town's sustainability goals and prevent up to three million plastic bags from being landfilled over the next 10 years.

What's in it for you? Use of the new services will eliminate the need for you to purchase blue recycling and green yard waste bags. They will also prevent recycling contamination, and increase the

amount of materials that can be recycled. That's something we can all be proud of!

All Truckee residents will begin new yard waste services in 2018. After June 30, 2018, green bags will not be accepted; however, additional yard waste disposal services will be offered including discounted dumpster rental and complimentary drop-off services at Eastern Regional Landfill.

Recycling service changes will be rolled out over time, with Glenshire residents piloting the program and being offered recycling carts this fall. For your convenience, blue bags will continue to be serviced at all household locations year-around, and two new recycling drop-off locations will be offered to residents in the summer months.

As part of the new waste hauling services contracted by the Town of Truckee, one 64-gallon recycling cart serviced on alternating weeks, and up to three 96-gallon yard waste carts will be provided to residents at no cost. Additional carts will be available for a fee.

To participate, you must opt in and indicate how many yard waste and recycling carts you would like delivered to your property. Learn more and opt in by completing an online form available at keeptruckeegreen.org.





## Did You Know Glitter is Hazardous To The Environment?

This may seem hard to believe until you realize that glitter is plastic. As such, it shares the same problems that all other plastics do: as it breaks into smaller and smaller pieces, it finds its way into the ecosystem where it pollutes habitats and harms wildlife — and us!

If you've ever worked with glitter, you know how difficult disposing of it can be. It sticks to nearly any surface it touches. It's too small to recycle and, sometimes, too small to even throw away. You often have to resort to washing hands, clothes and surfaces, flushing glitter down the drain and into our waterways.

Glitter also lingers in the food chain. As a microplastic, it can be eaten by small animals, such as zooplankton and crustaceans. Since

plastic does not naturally biodegrade, and only becomes smaller pieces of plastic, microplastics are not likely to leave the food chain once they have entered it. When larger animals eat contaminated prey, the plastic moves up the food chain with them, eventually ending up in human bodies. Although all plastics become microplastics eventually, glitter begins this way, meaning it pollutes the food chain more quickly.

So what can we do? Preventing waste before it starts is the most important step we can take. Some are even advocating for a ban on glitter. Though this may seem extreme, there is a precedent for microplastic legislation. In July, a congressional ban on the use of plastic microbeads in cosmetics will go into effect. The goal of this legislation is to keep these tiny plastic particles out of our waterways. This is an important step given that plastic was recently found in 94 percent of water samples from across the country.

If you do use glitter, be conscious of how much you use and how you dispose of it. Wastewater treatment facilities cannot filter out microplastic, so try to wash as little as possible down the drain. Glitter you cannot store or reuse should be thrown in the garbage. Greeting cards, crafts and decorations with glitter cannot be recycled, so throw these away as well.



# GLENSHIRE DEVONSHIRE RESIDENTS ASSOCIATION \_\_\_



# CALL FOR CANDIDATES GDRA Board of Directors

Deadline to submit candidacy application: July 6, 2018



#### GDRA Board of Directors Election Scheduled for September

#### **Two Board Members Needed**

The Glenshire Devonshire Residents Association is a non-profit mutual benefit corporation governed by an elected fivemember Board of Directors. The Directors serve in staggered terms of two years each. This year there are two positions open for election. Board Members are elected by 1357 residents in the Association. If no more than two members run for the open two positions the two members will be seated by acclamation without an election. If fewer than two members apply for the two open positions the empty positions may be filled by appointment of the remaining board members Article VII section 6 (e)

#### **Interested Candidates**

Glenshire Devonshire Residents Association is soliciting candidates for Two (2) open positions on the Board of Directors (each serving a two year term). If you are interested in serving your community and to prepare you for service on the Board, you are encouraged to read your Association's Governing Documents (CC&Rs, Bylaws, Articles of Incorporation, Architectural Guidelines and Rules and Regulations). Contact GDRA's General Manager at (530-587-6202) with your questions.

#### What is the Board's Authority?

First, check the Governing Documents! The

Governing Documents of the Association provide the specific authorities and duties of the Board. Article IX section 1 of GDRA's bylaws outline the specific powers and job responsibilities of board members. The Davis-Stirling Act and other related laws that regulate corporations also provide specific authority and responsibilities to the Board. As a general outline, the Board has the following authorities:

- Overseeing the Association and its operations
- Setting Association policies and rules; and directing Management
- Enforcing Rules and CC&R's
- · Making sound business decisions
- Directing and compensating its agents and employees
- Approving annual operating and reserve budgets
- Meeting at regular meetings to review general business of the Association and review monthly financial statements
- Conduct short and long range planning,
- Build a positive sense of community.

#### **Board Member Requirements**

- 1. Attend monthly Board Meetings and any special meetings.
- 2. Prepare for the Board Meeting so you are able to make informed decisions.
- 3. Work with groups/committees in the community to provide guidance.
- 4. Develop Community leadership by example.
- 5. Work with other Directors in a collegial

- relationship, presenting opposing views with professionalism and civility.
- Provide assistance and feedback to the officers to assure success of the operations.
- Continually strive to be better informed in the issues and laws to improve decisions.

#### **How Can You Help?**

You need to be informed about how your Association operates and how you can be an active part in its operations. Attend Board Meetings and consider running for the Board.

Directors are dedicated to the betterment of Glenshire Devonshire Residents Association. Any additional questions may be directed to Dan Warren, General Manager at 587-6202.

#### **Candidate Applications & Timelines**

Candidate applications are available online at glenshiredevonshire.com or at the Association offices. All candidates must be an owner of record of the association and in good standing with respect to all separate interests owned and must be current with association payments and not subject to any suspension of membership privileges or in violation of CC&R's

#### July 6, 2018, 4pm

The deadline to submit a candidacy application. In order to participate in August 8, 2018 candidates night and have name printed on ballot. This submission shall include a recorded grant deed, conflict of interest and good standing statement.

To be delivered to the Association at 15726 Glenshire Drive, Truckee, CA 96161.

#### August 8, 2018 6pm

Candidate Night Introduction / GDRA board meeting (held if more than two candidates apply)

#### **September 3, 2018 10am**

Annual Meeting at Glenshire Clubhouse, election results

First Board Meeting & Election of Officers at Glenshire Clubhouse directly following the Annual meeting.

## GDRA Board of Directors Job Description

A Directors primary responsibility is to protect and enhance the quality of life and property in Glenshire-Devonshire by making decisions that support a connected and healthy life for Association residents.

Directors serve without compensation. The Board's authority includes all of the powers and duties enumerated in general law, as long as these powers are not inconsistent with the provisions of the documents governing the association.

A Director will make policies that are carried out by the officers and agents of the Glenshire-Devonshire Association. Decisions on policies are made in accordance with the Vision, Mission and Guiding Principles of the GDRA.

The Vision is to support a high quality, connected, healthy life for all residents. The Mission is to protect and enhance the quality of life and property in Glenshire-Devonshire.

Our guiding principles and the regulatory methods to achieve them are listed below.

### Maintain all amenities to at least current standards

- Adopt and establish rules and regulations subject to the provisions of the Declaration, governing the use of the common Areas and Common Facilities within the Properties, and the personal conduct of the Members and their guests thereon, and take such steps as it deems necessary for the enforcement of such rules and regulations, including the imposition of monetary penalties and/or the suspension of voting rights and the right to use any Common Areas or Common Facilities; provided notice and a hearing are provided as more particularly set forth in Article XII, section 6 of the Declaration. (Article IX, section 1)
- Enforce all applicable provisions of the Governing Documents relating to the control, management and use of the Lots, Common Areas and Common Facilities within the Properties. (Article IX, section 1)
- Contract for and pay for maintenance, landscaping, utilities, materials, supplies, labor and services that may be required from time to time in relation to the Properties. (Article IX, section 1)

Continued on page 12

# SAVE THE DATE

MONDAY, SEPTEMBER 3 LAST DAY OF POOL OPERATION

MEMBER APPRECIATION DAY

ANNUAL MEETING

APPOINTMENT OF OFFICERS

BOARD OF DIRECTORS 2018 MEETING SCHEDULE

MAY 09 AUG 08 JUNE 13 SEPT 03 JULY 11 OCT 10 NOV 14 SATURDAY, MAY 26 POOL OPENS (TENTATIVE)

SATURDAY, JUNE 2 TRUCKEE DAY

SUNDAY, JUNE 3 WILDFIRE SAFETY/ DEFENSIBLE SPACE FORUM AT THE CLUBHOUSE

SAT & SUN, JUNE 2&3 GLENSHIRE YARD SALE WEEKEND

SATURDAY, JUNE 9 ANNUAL DUMPSTER DAY

SATURDAY, JUNE 23 POOL IS OPERATIONAL DAILY (TENTATIVE)

FRIDAY, JULY 6
APPLICATION FOR GDRA
BOARD OF DIRECTORS DUE





# UNDERSTANDING DARK SKY EXTERIOR LIGHTING

#### **Respecting Our Night Sky Neighbors**

Most of us avoid a spotlight directed into our eyes. Please check exterior lights... are they acting like spotlights? Some residents believe spotlights provide security. Studies show that bright lights do not increase safety. Ironically, too much light can threaten security by compromising vision with glare and casting harsh shadows where criminals can hide.

#### So what can you do?

- Install lighting only when and where it is needed and always direct toward the ground.
- Use fully shielded fixtures at home and encourage their use in the workplace.
- Use energy saving features such as timers, dimmers, and motion sensors on all outdoor lighting.
- Educate your friends and neighbors about the economic, environmental and security benefits of good outdoor lighting.
- Stop by the Glenshire Clubhouse to see examples of proper exterior lights that meet our CC&R's.
- Join the International Dark Sky Association or visit their web site at www.darksky.org.

# Town of Truckee Municipal Code: Title 18, development code 18.30.060G Outdoor Lighting Standards

G (1) Lamp and shielding. All light fixtures are required to be fully shielded and shall be installed in such a manner that the shielding complies with the definition of fully shielded light fixtures for all uses, including single-family and multi-family residential uses.

G (2) Light trespass standard. All light fixtures, including

security lighting, shall be aimed and shielded so that <u>the direct</u> <u>illumination shall be confined to the property boundaries</u> <u>of the source</u>. Particular care is to be taken to assure that the direct illumination does not fall onto or across any public or private street or road. Motion-sensing light fixtures shall be fully shielded and property adjusted, according to the manufacturer's instruction, to turn off when detected motion ceases.

E (2) All non-essential exterior commercial, recreational and residential lighting shall be turned off after business hours and/ or when not in use. Lights on a timer are encouraged. Sensor activated lights are encouraged to replace existing lighting that is desired for security purposes.

B (2) Fully shielded. A light fixture that is shielded in such a manner that light rays emitted by the fixture, either directly from





the lamp or indirectly from the fixture, are projected below a horizontal plane running through the lowest point on the fixture where light is emitted.

To further help with understanding the town's municipal code regarding outdoor lighting standards, we have broken down the legal "mumbo-jumbo" to these seven bullet points:

- If you can see a direct exterior light source (bulb or light through glass fixture) from outside your property it needs to be covered (shielded).
- All non-essential exterior lighting shall be turned off when not in use. Lights on timers are encouraged and lights on sensors are encouraged.
- Bright, glaring and direct lighting creates safety issues, blinding you and creating shadows for criminals to hide in.

- Lighting that lights the ground makes it safer to walk by illuminating possible trip hazards. Bright direct lights blind you to possible dangerous conditions.
- Many studies have shown that bright lights are harmful to wildlife, effecting feeding, mating and more.
- Dark skies are one of the reasons most of us live in the mountains and not in the city (Los Vegas is a place better to visit).
- Proper lighting increases property values.

You can help improve Glenshire's safety, property values, mountain and wildlife environment by replacing light fixtures if needed. Please feel free to contact the GDRA offices with any questions. 530.587.6202. Help us keep Glenshire Devonshire a Dark Sky Region.



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#### Continued from page 9

- Exercise all powers vested in the Board under the Governing Documents and under the laws of the State of California. (Article IX, section 1)
- Contract for and pay for construction or reconstruction of any portion or portions of the Properties which have been damaged or destroyed and are to be rebuilt. (Article IX, section 1)
- Enter Lots as necessary, subject to the notice requirements of the Declaration, in connection with construction, maintenance or emergency repairs for the benefit of the Common Areas, Common Facilities or the Owners in common. (Article IX, section 1)
- Levy and collect Assessments from the Members of the Association in accordance with the Declaration an establish and collect reasonable user charges or fees for any or all Common Area recreational facilities (Article IX, section 1)
- Delegate its duties and powers hereunder to the officers of the Association or to committees established by the Board, subject to limitations expressed in section 1 of article X hereof. (Article IX, section 1)
- Appoint and remove all officers of the Association and the Association's general manager (subject to any contractual commitments which may exist); prescribe any powers and duties for such persons that are consistent with law, the Articles of Incorporation and these Bylaws; and, in the case of the general manager, determine his or her terms of employment, including compensation. Article IX, section 1)
- Repair, replace or maintain the common area (California law 4774 –a)

### 2. Plan for the future with strong financial reserves

 Prepare budgets and maintain a full set of books and records showing the financial condition of the affairs of the

- Association in a manner consistent with generally accepted accounting principles, and at no greater than annual intervals, prepare an annual financial report, a copy of which shall be delivered to each Member as provided in article XII, section 5 hereof.
- Establish sound fiscal policies and maintain accurate records
- Develop a workable budget, keeping in mind the needs, requirements and expectations of the community
- Establish reserve funds
- Act on budget items and determine assessment rates
- Collect assessments
- Authorize legal action against owners who do not comply with the rules
- See that the association is protected for the acts of all parties with fiscal responsibilities
- Open bank accounts and borrow money on behalf of the Association and designate the signatories to such accounts (Article IX)
- Purchase and sell interests in real and personal property, subject to restrictions on the sale or other encumbrance of real property owned by the Association and designated as Common Area ( Article IX)
- Select an attorney, an auditor, insurance agent and other professionals for the association
- Provide adequate insurance coverage, as is required by the bylaws and local governmental agencies

### 3. Foster an engaged & connected membership

- Appoint such other committees as it deems necessary from time to time in connection with the affairs of the Association in accordance with article X hereof
- Appoint a nominating committee for the nomination of persons to be elected to the Board, (article VII, section 4)

- Establish, publicize, and enforce rules and penalties to a level agreeable with the membership
- Review local laws before passing rules or sending bylaws to membership for approval
- Attend and participate in Board meetings
- Inform members of important Board decisions & transactions
- Fill vacancies on the Board of Directors or in any committee, except for a vacancy created by a removal of a Board member
- 4. Consider new/upgrades to amenities if financially viable, supported by members and the impacts to community & natural environment are minimal

#### 5. Improve safety

Bring and defend actions on behalf
 of the Members in common or the
 Association to protect the interests
 of the Members in common or the
 association, as such, so long as the
 action is pertinent to the operations
 of the Association, and assess
 the Members for the cost of such
 litigation. (Article IX)

#### 6. Protect our natural environment

 Appoint such other committees as it deems necessary from time to time in connection with the affairs of the Association in accordance with article X hereof

#### 7. Promote healthy living

 Appoint such other committees as it deems necessary from time to time in connection with the affairs of the Association in accordance with article X hereof

#### 8. Improve trails and open space

 Appoint such other committees as it deems necessary from time to time in connection with the affairs of the Association in accordance with article X hereof.

# WILDLIFE&CRITTERS



#### **Pet Waste Can Harm Rivers and Lakes**

Did you know every time it rains, thousands of pounds of pet waste flows directly into the storm drain system or into nearby streams and lakes without being treated at wastewater treatment facilities? The Town of Truckee has over 3,000 licensed dogs, and an estimated 1,500 unlicensed dogs and visiting dogs. The USDA indicates an average dog can produce 274 pounds of waste a year. For Truckee, that is well over 800,000 pounds of dog waste a year. Pet waste is essentially raw sewage, and carries harmful bacteria which can affect the health of not only aquatic wildlife, but ourselves and our children.

### There is a difference between your sink drain and the storm drain

The Sanitary Sewer System, connected to your sinks, toilets, and floor drains, collects and treats wastewater prior to releasing it back into the environment. The Storm Drainage System, found in streets, parking lots, and roadside ditches, drains directly to local waterways with no treatment.

#### Why Clean Up After My Pet?

When it rains, pet waste is washed into our rivers and streams. No one likes to step in dog poop. Dog waste can contain bacteria, viruses, and parasites such as:

- » Campylobacteriosis-bacteria causing gastrointestinal illness in humans
- » Cryptosporidium-parasite causing gastrointestinal illness in humans
- » Toxocariasis-roundworms transmitted from dogs to humans

Pet waste contains nutrients that promotes weed and algae growth. This in turn can reduce oxygen levels in the water, affecting fish and other aquatic organisms.

#### Why Isn't Dog Waste Natural?

The local dog population density is very high compared to large mammals in a natural forest.

Approximate Large Mammal Population Densities (animals per square mile): Bears-1 to 2.5

Fox-4

Coyotes-1 to 5 Truckee Dogs-90 to 140

Dogs are often walked on trails, lakes and along streams where owners enjoy walking, which tends to concentrate waste in these areas.

#### What Can I do?

Pick up pet waste from your yard. Throw it in the trash or flush it. It is not a fertilizer. Carry disposable bags when walking your dog, clean up after your pet, and toss the used bags in the trash. For more information visit these websites:

Environmental Protection Agency www.EPA.gov Placer County Stormwater Quality www.Placer.CA.gov Town of Truckee www.KeepTruckeeGreen.org



### SAGAN FONDO COMES THROUGH GLENSHIRE MAY 5, 2018

Temporary road closures will be in effect for the following routes during the following times.

HWY 267 NORTH closed from 7:45an to 8:15 am.

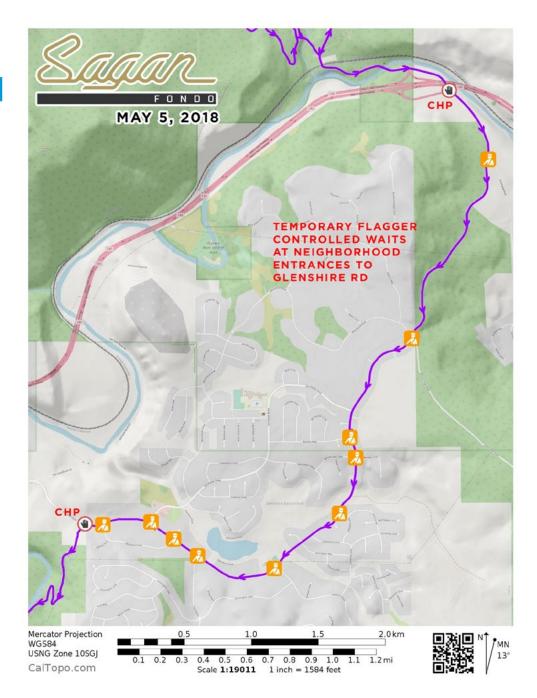
HWY 89 NORTH closed from 7:45am to 8:15am.

Traffic control will be in place on Hwy 267 and Hwy 89 between Old Brockway Road and Prosser Dam Road.

Legacy Trail will be impacted between 11am and 4:30 pm (expect heavy bicycle traffic).

We ask that residents exercise patience and foresight when driving in the area of this event. Cautious driving and reduced speeds are very much appreciated.

Visit www.saganfondo.com/roads for more information





# TRUCKEE POLICE&FIRE



Defensible Space is your property's front line defense against wildfire. Creating and maintaining defensible space around your home can dramatically increase your home's chance of surviving a wildfire and improves the safety of firefighters defending your property.

100 feet of defensible space is required by law.\*



\*For more information on creating defensible space and legal requirements visit

**READYFORWILDFIRE.ORG** 

### TWO ZONES MAKE UP THE REQUIRED 100 FEET OF DEFENSIBLE SPACE:

**ZONE 1: 30 feet of Lean, Clean & Green** 

- Remove all dead plants, grass and weeds.
- 2 Remove dead or dry leaves and pine needles from your yard, roof and rain gutters.
- 3 Keep tree branches 10 feet away from your chimney and other trees.

#### **ZONE 2: 30-100 feet of Reduced Fuel**

- 4 Cut or mow annual grass down to a maximum height of 4 inches.
- 5 Create horizontal spacing between shrubs and trees.
- 6 Create vertical spacing between grass, shrubs and trees.

#### Use Equipment Properly to Keep from Sparking a Wildfire

Mow before 10 a.m., and never on a hot or windy day. String trimmers are a safer option (vs. lawnmowers) for clearing vegetation.



#### **VERTICAL SPACING**

Large trees do not have to be cut and removed as long as all of the plants beneath them are removed. This eliminates a vertical "fire ladder."



#### HORIZONTAL SPACING

Create horizontal and vertical spacing between plants, the amount of spacing will depend on how steep the slope is and the size of the plants.

# BULLETIN BOARD NEWS, MESSAGES, NOTICES

# "GREASE" Hits The Stage at Truckee High School

The Drama Clubs of Truckee High School \$ Tahoe High School promise a memorable musical presentation! Come support over 40 local students involved in this production! Two Weekends only! May 3, 4, 5, 11 \$ 12 - 6pm May 6 \$ 13 - 2pm

### We love Facebook



This is our easiest and fastest way to get information to you. We also will often repost from Truckee Tahoe Road Conditions, Truckee CHP and the Town of Truckee. We hope this will help keep GDRA residents up to date with the latest important information that will be of help to them.

#### **Stay Informed**

Would you like to keep up on what is happening in Glenshire and Devonshire? Complete the E-Consent form at www. glenshiredevonshire.com and we will email you information that affects our community and the board agendas. Better to find out before it happens than after it happened. We do not send a lot of emails! Like us on Facebook to view regular postings of happenings in Glenshire/Devonshire.

Please note that unless you request it or it is required by law, your e-mail address will not be given out to anyone and will only be used by GDRA to provide information pertaining to events and business related to the Glenshire Devonshire Community. You may be taken off this confidential list by request.

#### glenshiredevonshire.com

Our web site has been vitally important this winter with links to the latest road conditions and local road web cams, Glenshire Drive road construction, Board meeting highlights and more...

#### **Glenshire Lake**

Recreational activities in or on the lake, such as swimming, ice-skating or other similar activities, are not endorsed or recommended by the Association. The Association assumes no responsibility for any such use. Please enjoy the beauty, don't litter, control and pick up after your pets.



#### **Emergencies, Wildfire, Crime, important** information!!!

Nixle is a communication tool utilized by the Truckee Police Department and Truckee and Northstar Fire Departments to provide important communications to the community through email and text messages. Signing up is fast, easy and free. For more information visit the Police Department or go directly to www.nixle. com and sign up today.

#### **Lake Trail Fundraising Campaign**

A huge thanks to everyone who has donated towards the lake trail! If you haven't made a donation to the Lake Trail yet, please take a minute and send it to the Glenshire Lake Trail Project, in care of the Truckee Tahoe Community Foundation, P.O. Box 366, Truckee, CA 96161. Many upgrades and drainage revisions are being planned. Contact the GDRA offices to be on the Lake Trail Committee.

#### Clubhouse Dumpster

If you have extra garbage, give us a call to see if we have room in our dumpster. Please do not dump your personal trash without permission. If we have room, we don't mind helping, but please ask!

#### **SOS Glenshire**

Interested in preserving quality of life around your community? SOSG (Saving Open Space Glenshire) is a local group partnered with Mountain Area Preservation, putting efforts toward preserving open space and the quality of life that we and the wildlife now enjoy. A proposed 185+ parcel development east of Glenshire is still in the review process - NOW is the time to get involved! www. sosglenshire.org.

#### **Novice/Beginner Line Dance Class**

Anyone over 12 years of age interested in line dancing. This class has been going strong for more than two years, so absolute beginners should show up at 6:40 for introductory steps. The last half hour of the regularly scheduled class is geared to Improvers (advanced beginners). No special shoes or clothing needed.

When: Most Tuesdays, 7 - 8:10pm Where: Glenshire Clubhouse

Price: \$8 per person

Contact: Robin Reese at rbtahoe@sbcglobal.net



#### **Healthy Back Class**

This class can help relieve or prevent back pain. As a Sports Scientist certified in back health, I will help you develop a strong muscular system to keep your spine healthy, focusing on movements for daily activities. All ages welcome.

When: Saturdays 8:30 - 9:30am, \*Last class May 26th

Where: Glenshire Clubhouse

Price: \$12 drop-in | \$50 for 5-pack

**Equipment**: Mat or we can order some as a group

Contact: info@heikoach.com 530.414.9914 www.heikoach.com

#### Terra Firma Fitness Yoga & Massage

When: Thursdays 9:30 – 10:30am, thru June 21. Resumes Aug. 30th.

Where: Glenshire Clubhouse Price: \$12 drop-in, \$50 for 5-pack

Contact: Amylu@thegrid.net, 209.662.4146, terrafirmafitness.com







Tyler Ross Owner, Director and School Counselor Play Date Preschool and School Age

#### Play Date Preschool & School Age Program

Professional before and after-school childcare offered at the Glenshire Devonshire Clubhouse. Play Date School Age offers a play-based, child-centered, approach to before and after-school to all K - 5th grade students. Morning care is available from 7:30am to 9am; after-school care is available from 1:20pm to 5:30pm. (Our program accommodates minimum days, snow days, and most holidays). Please call 530.582.0441 to reach Teacher Tyler for more information about the program. PlayDateGlenshire@gmail.com

#### All Levels & Beginner Yoga

Beginner Class starts in May, Sundays 5-6pm

All Levels Class moves to Sundays starting May, 6:30-7:30pm

Where: Glenshire Clubhouse

Price: \$15 drop-in, \$65 for 5-pack or \$125 for 10 class card

Contact: Helene.lavigueur@gmail.com





### THREE FEET FOR SAFETY ACT

California Vehicle Code 21760 requires three feet clearance between bicyclists and passing vehicles. The legislation, enacted as the "Three Feet for Safety Act", is intended to increase safety and awareness for bicyclists and motorists alike on public roadways.

#### **Tips For Motorists & Bicyclists**

- 3' Feet for Safety -- Give at least three feet between your vehicle and the bicyclist. Do not overtake or pass too closely a person bicycling. California law requires a standard minimum distance of three feet between any part of the motor vehicle and any part of the bicycle or its operator. Anticipate people bicycling on the roadway. Bicyclists have the right to use all roadways, same as vehicles, except in areas officially excluded, such as a freeway.
- Reduce your speed when passing bicyclists. Air pressure from vehicles passing bicyclists, especially trucks and buses, can "push" a bicyclist over from the wind created by passing vehicle at high speed.
- → Watch for Bicyclists. When preparing to enter the roadway
  or make a turn, look carefully for oncoming bicyclists. Many
  bicyclists are capable of speeds in excess of 25 miles per hour.
- → Have Patience. Be aware that when a lane is too narrow for vehicles and bikes to be safely side by side, a bicyclist may ride in or near the center of that lane to discourage motorists from unsafe passing.
- Go with the flow not against it. When bicycling on the road, always go with the traffic flow and ride in the same direction as motor vehicle traffic. Riding against the flow of traffic (on the wrong side of the road) is a major contributor to conflicts between vehicles and bicyclists, and typically results in serious injury or death to the bicyclist. Riding against the traffic flow is extremely unsafe and illegal.
- Obey All Traffic Laws. Stop at red lights and stop signs and yield to pedestrians. Bicyclists have a right to ride on the road, same as cars—but with that right comes the responsibility to obey the rules and laws of the roadway. A bicyclist may receive a citation and fine, just like the driver of a motor vehicle.

- → Be Predictable. Ride in a straight line and signal your moves to motorists, other bicyclists, and pedestrians to let them know what to expect. That is the law.
- Increase Your Visibility. Wear fluorescent or brightly colored clothing during the day, dawn, and dusk. When you ride at night, you must have a white headlight and red lights or reflectors on the back of your bike, white or yellow reflector on each pedal or a bicyclist's shoe or ankles, and side reflectors (unless the bicycle is equipped with reflectorized tires.). (CVC 21201)
- ⇒ Stay Alert at All Times. Use your eyes and ears. Watch out for potholes, cracks, wet leaves, storm grates, railroad tracks, or anything that could make you lose control and fall. To be able to listen for dangerous situations, do not use headphones or earplugs in both ears while riding. (CVC 27400)
- ⊃ Look Before Turning. When turning or changing lanes, always look behind you for a break in traffic, signal, and then check again before making the turn. As you approach intersections, be aware of the people behind, beside, and in front of you who may try to cross your path. Watch out for left or right-turning traffic; these are the most frequent motorist-caused bicycle crashes.
- Give and Get Respect. Allow faster traffic to pass when it's safe; avoid needlessly blocking the road.



# **PERSPECTIVES**



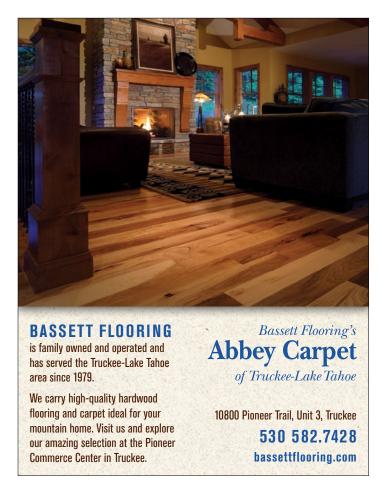
#### Spotlight on Aquatics, Cancer & Lymphedema

The pool is custom-made for treating disorders related to cancer. An extensive body of literature has developed related to the use of physical therapy techniques in water for the treatment of cancer concerns including lymphedema. One of the chief

benefits of aquatic therapy is due to the effect of buoyancy which counterbalances gravity. In addition to the nurturing and relaxation benefits of buoyancy, aquatic programs are often helpful for patients suffering from lymphedema because of the hydrostatic pressure of the water which drives the excess fluid out of the limb and back into circulation. Because the application of warmth to skin surfaces causes vasodilatation and increased skin blood flow, avoidance of hot tubs or excessively warm water has been recommended; as cold water has the contrary effect, the alternation of warmer and colder water temperatures has been recommended for various kinds of hydrotherapy in patients at risk for lymphedema.

Aquatic therapy was first conceived as a pleasurable means of providing patient control of maintenance therapy and combining the mobilizing effects of massage and exercise on interstitial fluid with the enhancement of fluid uptake into lymphatic channels by the hydrostatic pressure of water. The findings of many recent studies suggest that aquatic therapy also provides an effective means of improving the many other outcomes – such as pain -- in patients with breast cancer or the limb lymphedema which can appear after surgery or therapy.









### LOVE WHERE YOU PLAY.

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